

If you have a brain,
you have bias®

LEARN, UNLEARN, RELEARN

BRAIN, BIAS, BEHAVIORS

The de-escalation workshop is a transformative experience that leverages the power of the bias ecosystem and inclusive behaviors. In this workshop, participants delve into the intricacies of recognizing and addressing cognitive biases that can escalate conflicts. By exploring the intersection of biases and inclusive behaviors, participants gain valuable insights on fostering a culture of respect, communication, and harmony in both personal and professional settings.

By the end of the interactive workshop, participants will:

- Deepen their understanding of Unconscious Bias.
- Understand how bias impacts interactions & relationships.
- Understand the 5 most common cognitive biases in the workplace.
- Define and deliver practical, tactical de-escalation strategies.